

Guidelines and Process

Once a donor has been selected for a particular recipient, their menstrual cycles are synchronized so that the donor's ovulation is stimulated while preparing the patient's uterus.

The patient will then follow a hormonal treatment for 15 – 20 days (this depends on each patient's response), to prepare her uterus for embryo transfer. Treatment monitoring consists of ultrasound scans and blood tests. Generally not more than 2-3 ultrasounds scans and one oestradiol blood test are necessary. So as to make things easier for our patients, treatment monitoring can be performed in their home country and CREA will just need to be informed about the results so as to advise on further steps to follow.

Patients will be informed about the expected date for egg retrieval and embryo transfer. However, the exact confirmation can be given only 2-3 days before egg retrieval takes place.

Embryo transfer usually takes place 3 days after the donor's egg retrieval. We generally ask our patients to be at Crea on the day before the embryo transfer so as to carry out a last scan and review the final instructions. On the day of the embryo transfer, the patient will need to be at Crea at the arranged time for the transfer and a room will be assigned to her to rest in before and after the transfer. Embryo transfer is a simple and painless procedure which usually takes less than 15 minutes.

At CREA we wish to offer our patients quality assistance besides effectiveness. We are aware of the importance and the difficult step that choosing to enter an egg donation programme can mean. This is why we put a Psychology service offering professional counseling at our patients' disposal, as well as offering the help and support of the whole team.



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EGG DONATION TREATMENT



Egg Donation Treatment

FIRST STEP

The first step is to contact our International Department (international@creavalencia.com) to arrange a 1st consultation at Crea.

CREA's International department has been specifically set up to look after foreign patients who come to our clinic from many different countries.

The department was created in order to offer the utmost tailor-made attention to patients, and also to provide them with high quality assistance. All of this helps to smooth out the process, as patients doubts and queries are handled from their very first contact with Crea.

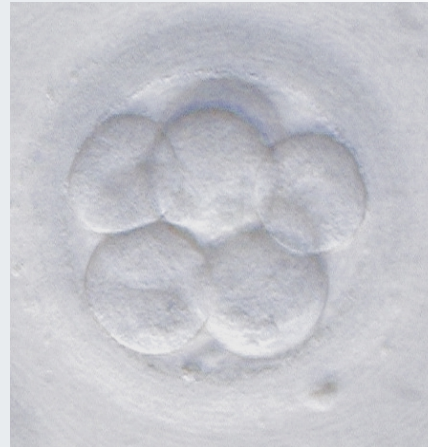
FIRST APPOINTMENT

Upon the 1st appointment at Crea, patients meet one of our fertility consultants to review their clinical history and to have a transvaginal ultrasound examination. Our consultant will explain in detail how the egg donation programme works, check the patient's blood test results and clear up any doubts or queries.

Results of the serology blood tests have a 3-month validity. Patients may have blood tests done in their own Country and bring the results to their 1st visit (or send them by email or fax), but can also have all the necessary tests performed at CREA. (Please see the list at the bottom)

On the same day of the 1st visit, patients will be provided with full information on prices together with any consent forms to sign.

Patients will be also fully informed about the selection of egg and sperm donors, as well as about the anonymous character of donation.



NEXT STEP

Once the 1st visit has taken place and we have here at Crea all the necessary documents (blood test results of both patients, consent forms signed, down payment for the treatment), the donors selection process will start. Here at Crea we do not hold any waiting list for egg donation treatment.



SELECTION OF THE DONORS

Egg and sperm donation is anonymous, and the selection of the donors is made by the medical team. A large number of our donors also donate blood, which shows their supportive attitude. At CREA we give especial importance to the donor's implication in this voluntary and altruistic act of solidarity which is donating their gametes, so it is not unusual for them to come forward on more than one occasion.

Donor selection process can last around 1-2 months maximum. All of our donors are studied above and beyond any legal requirements, ruling out sexually transmitted diseases and also taking into account up to the third generation of family history on genetic disorders that could be transmitted to the descendents. Equally, all candidates undergo a genetic screening to discard other genetic conditions of higher prevalence. Each donor is assessed by our Psychologist and examined by our Gynaecological Team.

We select one donor for each recipient in order to obtain a good number of oocytes, thus improving the chances of success.